

## SENIOR CORNER

Marsha Petrillo, Director – 508-278-8622  
Robin Heron, Nutrition Site Manager – 508-278-7609  
Joe Rondeau, Transportation Coordinator - 508 – 278-8622  
Mary Rice, Outreach Coordinator – 508-278-8638

The mission of the Uxbridge Council on Aging Board and the Director of the Senior Center is to identify the needs of the elderly population, to educate the community and to promote or implement services to fill such needs; to coordinate services and to be a resource for seniors, families and the Community.

Message from Marsha Petrillo, Director~ Massachusetts residency gives seniors a unique advantage: Prescription Advantage! We invite you to join us for a special “lunch n learn” talk on Wednesday, April 12th beginning at 11:30 am to learn how you can combine the benefits of Medicare Part D with Prescription Advantage and get more complete prescription drug coverage.

Kathy Campbell from the Executive Office of Elder Affairs will be here to speak about the new ways Prescription Advantage will work as a secondary payer to fill Medicare coverage gaps and help pay your deductibles, premiums, and even lower your co-pays at the pharmacy. Open enrollment for Prescription Advantage ends on April 28th so call us today, at 508-278-8622 or 508-278-8638 to make your reservation for this important talk.

Also, on Thursday, April 27th at 11:30 the Uxbridge Senior Center will host a presentation called “Health Plan Options for Seniors” offered by Blue Cross and Blue Shield of MA and will include an explanation of Medicare, including the new Medicare Pt. D drug benefit. Melanie Miller will explain how Medigap plans and Medicare Advantage plans work with Medicare. A question and answer session will follow the presentation. All are welcome regardless of your insurance coverage. Call 508-278-8622 to sign up for these very important presentations.

## GOLF TOURNAMENT (Florida Style) – Friday, June 2nd

The Uxbridge Elderly Connection, Inc., will help sponsor a special Senior Center Golf Tournament on Friday, June 2, beginning at 12:30 PM at Crystal Lake Golf Club. All proceeds to help renovate the Senior Center Kitchen. \$115.00 per person includes 18 holes & cart, collared golf shirt & dinner including Chicken, Pork and Beef entrees w/garden salad, vegetables, pasta & potato. \$100 Tee & Green Sponsors, \$650 full sponsorship. \$25 per person for dinner only guests. Special door prizes, raffle baskets, and a silent auction featuring signed sports memorabilia. Contact the Center at 508-278-8622 or Russ Rosborough @ 234-6672, Pete Petrillo @ 278-5106 or Peter DiBattista @ 234-2000 for your entry form. Make checks payable to The

Uxbridge Elderly Connection, Inc. Deadline: May 1st.

### Special Thanks

To our volunteers, our staff, our AARP Tax helpers, the Uxbridge Student Council, the Nealon and Potter Irish Step Dancers, Mrs. Bolden's 1st grade class, and to all of you who work tirelessly behind the scenes to support our Senior Center. Our "March for Meals" campaign was a huge success. You make a difference in so many valuable ways and we are grateful we can count on you!

### COMPUTER CORNER & TAI CHI CLASSES

Our Computer and Tai Chi classes will begin in the Spring. Details about class days and time is still to be determined. Call early to sign up at 508-278-8622.

### GROCERY SHOPPING:

Attention Uxbridge Seniors: Do you need transportation to the grocery store? Did you know that we travel to Hannaford Market every Tuesday and Wednesday morning? Please contact our Transportation Coordinator, Joe Rondeau, @ 508-278-8622 to make your reservation on the van. Pickup begins at 8:30 am.

### SMOC ~ FUEL ASSISTANCE

The Uxbridge Senior Center is an official in-take site for fuel assistance. If you have any questions about the process, eligibility, or documents needed to accompany the application, we can help. Please call the Center @ 508-278-8622 for further information or to schedule an appointment.

### APRIL – UPCOMING EVENTS

Pitch Party Every Monday Night: APRIL: 3RD, 10TH, & 24TH. NO PITCH on Mon., April 17th. Pitch begins @ 6:30 PM ~ \$2 donation. We are always looking for new participants. We have a big comfortable Center. Just right for playing cards together. Stop by and check us out. We offer 1st, 2nd, 3rd prizes, Door Prizes, and fun, fun, fun! Coffee and complimentary refreshments served each week.

Tuesday Afternoons 1:30 – 4:00 PM: Come join us for an afternoon of card playing every Tuesday at the Uxbridge Senior Center. Contact Marsha Petrillo, Director @ 508-278-8622 for more information about this new card group. All are welcome!

The Uxbridge Natives and Newcomers Committee (UNNC) will meet on Sunday April 2nd, April 9th and April 23rd from 6:00 pm to 10:00 pm at the Senior Center. All are welcome. Call Bonnie at 278-5421 for more information about their upcoming Candidates Night!

Tues., April 4th: 7:00 pm ~ Mental Health Support Group meeting at the Senior Center, 36 South Main Street. Please call Connie at 278-9833 if you have any questions or need more information about this important support group. All are welcome.

Weds., April 5th: 9:00 AM - Interagency Meeting @ Uxbridge Police Dept.

Thurs., Apr. 6th: S.H.I.N.E. (Serving Health Insurance Needs of Elders) from 9:30 AM to 11:30 AM. REMINDER: If your monthly income before taxes and deductions is below \$1097.00 for individuals or \$1464.00 for couples and your assets are at or below \$4,000 for individuals and \$6,000 for couples then you may want to consider applying for the MassHealth Buy-In. Call 508-278-8622 or 508-278-8638 if you think you are eligible for the MassHealth Buy-In.

Thurs., April 6th: 8:30 AM WALMART Shopping today! You must call us @ 508-278-8622 each month to reserve your seat. Sorry, we cannot save seats!

Tues., Apr 11th: 5:00 PM - COA Board Meeting

Weds., April 12th: 11:30: LUNCH n LEARN about Prescription Advantage with Kathy Campbell from the Executive Office of Elder Affairs. Call Robin at 508-278-7609 to make your reservation 24 hours in advance.

Weds., Apr. 12 & 26: 1:30 PM - Senior Club Meets – All are welcome to join our Senior Club. \$10 yearly dues, Bingo, special outings, and more.

Thurs., April 13th: 11:30 AM Lu Pilzner, Tri Valley Nutritionist, will be on hand to play nutritional games and answer any questions you may have. Call Robin at 278-7609 to make your reservation for lunch.

Mon., April 14th: Center Closed for Patriot's Day – No meals served.

Sat., Apr. 22nd : SERVE New England: Distribution begins @ 10:00 AM Call 1-888-742-7363 or go online to [www.serve-newengland.org](http://www.serve-newengland.org) and learn how you can save up to 50% and more on high-quality, fresh foods.

Mon. April 24th: 2:00 pm - FREE Support Program – Coping with change is never easy...Join us on the 4th Monday of every month and share your coping

skills with us. Nicole Rosa is a licensed counselor from Wayside Youth and Family Support Network, Inc. This program is sponsored by the Healthy Aging Program. For more information please contact 508-478-6888 x 232 or Marsha Petrillo, director at 508-278-8622. Coffee and complimentary refreshments served. Open to the public and ages are welcome.

Thurs., April 27th: 11:30 AM – Melanie Miller will discuss Health Care Options for Seniors - Learn how Medigap plans and Medicare Advantage plans work with Medicare. Bring all your questions and concerns. Call Robin at 278-7609 to make a reservation.

Fri., April 28th: 9:00 AM - Breakfast at BVVT School's Three Season Restaurant! Don't miss this popular spring treat. Cost: \$5 includes a delicious full course breakfast. If you need transportation please call Marsha or Joe at 278-8622 by Fri., April 21st to reserve your seat. Van begins pick up at 8:30 am.

Sat., April 29th: VOLUNTEERS MAKE A DIFFERENCE! Volunteer Appreciation Dinner served up by our very own Nutrition Site Manager, Robin Heron. 5-7 PM at the Senior Center. Special hors d'oeuvres, Ziti, salad, Italian bread, and desert. A special note of thanks to The Uxbridge Elderly Connection, Inc. for sponsoring this special appreciation dinner.

REMINDER: We provide transportation to and from medical appointments. Call ahead, as soon as you book your next appointment, to schedule a ride. It is never too early to book an appointment. If you are willing, we will gladly reschedule your appointment if there is a conflict.

APRIL MENU - We invite you to come and join us for lunch beginning at 12 noon daily. Please call Robin @ 508-278-7609 by 12:00 noon at least one day ahead so we can reserve a meal for you. \$2 Donation per meal - \$3.50 ages 59 and under. Bring a friend!

3RD: Chicken Salad, Potato Salad and Carrot Raisin Salad

4th: Stuffed Cabbage

5th: Spaghetti & Meatballs

6th: chicken Francese

7th: Seafood Newburg

10th: Pork Supreme w/Mushroom Sauce

11th: Honey Baked Chicken

12th: Hot Dog & baked beans

13th: Shepherd's Pie

14th: Good Friday – Macaroni & Cheese

17th: CENTER CLOSED – Patriot's Day – No meals served

18th: Easter Special Baked Ham Dinner w/raisin sauce

19th: Meatloaf w/gravy  
20th: Salmon Boad w/hollandaise sauce  
21st: Chicken Florentine  
24th: Seafood Salad & three-bean salad  
25th: Pot Roast Stew  
26th: Buttermilk chicken  
27th: Campfire Chili w/seasoned rice  
28th: Veggie Cheese Bake

The menu includes milk and margarine. Menus are subject to change.  
Reservations must be made 24 hours in advance. Call 508-278-7609